



6-12 MONTH MILESTONE CHECKLIST

	Yes	No	Unsure
1. Can get to a sitting position without support			
2. Can crawl forwards and backwards			
3. Can pull themselves to a standing position			
4. Can use hands and fingers to eat and drink			
5. Can maintain a kneeling position			
6. Can poke with index finger			

You know your child best. If your child is not meeting one or more of these milestones, or you are unsure, then act early.
Contact us or your healthcare professional to further evaluate your child. Our occupational and physical therapists are happy to help!

DON'T WAIT, ACTING EARLY CAN MAKE A REAL DIFFERENCE

Call us Today & Book Your Initial Consultation 732-223-6309

