

## 1-2 YEARS MILESTONE CHECKLIST

	Yes	No	Unsure
1. Can walk without holding onto anything or anyone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Can drink from a cup without a lid	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Can kick a ball without losing balance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Can climb onto furniture, stairs, and playgrounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Can jump and hop without losing balance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Can stack a 2-6 block tower	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Can use hands to push, pull, squeeze, and rotate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

You know your child best. If your child is not meeting one or more of these milestones, or you are unsure, then act early.

Contact us or your healthcare professional to further evaluate your child. Our occupational and physical therapists are happy to help!

### DON'T WAIT, ACTING EARLY CAN MAKE A REAL DIFFERENCE

Call us Today & Book Your  
 Initial Consultation  
**732-223-6309**



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 our early childhood  
 services on our website